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THE NEW AGE WOMAN

DOCTALK



A lowdown on plastic surgery



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What is plastic surgery?

The word plastic is derived from the Greek word 'platicos', which means something that can be moulded. In this surgery, we mould the body tissues and hence, the word plastic. Contrary to what some might believe, it has nothing to do with the material plastic. There are two branches of plastic surgery: Reconstructive surgery and Aesthetic surgery, which is more popularly known as Cosmetic surgery. The former involves restoration of normalcy, that is, if a patient has had burns or any other defects caused due to an accident, this surgery helps in bringing his body back to its normal state. Whereas the latter is used in surpassing normalcy. Cosmetic surgery helps in enhancing your body and the ones who come for this surgery are not actually 'patients'.

On which parts of the human body can plastic surgery be done?

This is the only branch of medi-

cine which can be applied to all parts of your body — from head to toe. There are absolutely no limitations where plastic surgery is concerned.

What are the different procedures of cosmetic surgery?

The cosmetic procedures for the face involve rhinoplasty (nose correction), face lift, eyebrow and forehead lift, nonsurgical facial rejuvenation (removal of wrinkles on face), Botox injections, filler injections, laser facial resurfacing — correction of surface irregularities, Blepharoplasty — correction of baggy eyelids, acne scar removal — chemical peel, lip enhancement and reduction, removal of double chin deformity, cheek enhancement, chin enhancement, new dimple creation and hair restoration surgery.

For the body, there's liposuction — body contouring / reshaping, abdominoplasty — tummy tuck, body or thigh lift surgery, genital rejuvenation surgery — penile lengthening, revirgination for fe-

males, cosmetic surgeries of breast — breast enhancement, breast reduction, correction of sagging breasts, nipple and unequal breast and removal of enlarged male breast (Gynecomastia). The other procedures include removal of moles over face and body, scar revision surgery and correction of spilt ear lobes.

How sustainable are these surgeries?

The sustainable factor involved in these surgeries is 100 per cent. The treatment gives permanent results.

Are there medicines involved?

Post-surgery, we generally prescribe pain killers and antibiotics to the patients. But other than that, there are no medicines involved as such.

Are there any side-effects of plastic surgery?

Well, yes. Like every medical procedure, plastic surgery too has its pros and cons. It is likely to have its share of complications. And we make this very clear with the patients before the surgery. We discuss the entire process and the complications, which might occur during the surgery. And if they are fine with it, only then do we go ahead with the surgery. Technical factors like age, mental and physical health also affect the results of surgery. Patients with unrealistic expectations are not good candidates for cosmetic surgery. If the patient is undergoing surgery for someone else's wishes, the chances of disappointment are very high. These are important points that need to be borne in mind.



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— AS TOLD TO ARWA JANJALI