

MALE BREAST REDUCTION

No, They're Not Sexy

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The normal male breast contains both adipose (fat) tissue and fibrous glandular tissue. True breast tissue in males is typically a small localised lump located immediately under the nipple, that is more firm than the surrounding fatty tissue. Gynecomastia is the medical term for enlargement of male breast(s). This is caused by an excessive amount of fat tissue and/or glandular breast tissue. Most male breasts that appear unusually large are the result of excessive fat.

Treatment Options

Liposuction is the most effective treatment for male breasts, because they contain a large amount of fatty tissue and glandular tissue. Microcannulas (very small long hollow needle with holes at the end), as used in liposuction procedures, are effective in removing both breast tissue and fatty tissue from the normal male breast. Exceptionally dense glandular breast tissue may require surgical removal using a scalpel, followed by a closure using stitches.


Liposuction Surgery

The small size cannulas facilitate liposuction of male breast glandular tissue, and permit consistently outstanding results. Some surgeons

advocate excision of the male breast tissue with a scalpel despite the relatively high incidence of scarring retraction and disfigurement.

After gently injecting local anaesthesia into selected areas of the skin overlying the breasts, the breast tissue is penetrated by a microcannula attached to suction machine. The negative vacuum suction sucks out excess fat and glandular tissue as well.

Result

Potential causes of patient dissatisfaction could include insufficient amount of tissue removed by liposuction, excessive scars, uneven or asymmetric results, and skin irregularities, though microcannulas tend to minimise these risks. But go for it, for male breasts are certainly not in this season. 



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Male breasts can occur due to

- Alcoholism
- Failure of the testicles to produce sufficient testosterone hormone
- Certain medications